



## INFORMED CONSENT

Department of Kinesiology and Nutrition Sciences

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### ELECTRONIC INFORMED CONSENT

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You are invited to participate in the research study survey, 'Depression and Fitness Level in College Students Attending a Diverse University.'

INVESTIGATOR(S): Brach Poston, Ph.D., Sharon Jalene, M.S.

For questions or concerns about the study, you may contact Sharon Jalene at 702-895-3946, [sharon.jalene@unlv.edu](mailto:sharon.jalene@unlv.edu), or Brach Poston at 702-895-5329, [brach.poston@unlv.edu](mailto:brach.poston@unlv.edu). For questions regarding the rights of research subjects, any complaints or comments regarding the manner in which the study is being conducted, contact the UNLV Office of Research Integrity – Human Subjects at 702-895-2794, toll-free at 877-895-2794 or via email at [IRB@unlv.edu](mailto:IRB@unlv.edu).

You will be asked to answer some questions about your physical activity practices, academic status, demographic and background information, lifestyle, and mood. You will not be asked to provide your name in the survey, and the survey software will not collect identification data. Please be assured that your responses are anonymous and that all of the collected responses will be kept completely confidential. The investigators will scientifically analyze the results from all responses and report the findings in one or more articles or poster presentations.

The survey should take around 10 minutes to complete. In appreciation for your time, you will receive one pass to your choice of two local fitness studios (TruFusion, Xtreme Couture MMA, or Bikram Yoga Las Vegas). Your participation in this research is voluntary. You have the right to withdraw at any point during the study, for any reason, and without any prejudice.

Please take the survey one time only. Following the survey, you will be redirected to a separate form that will ask for your email address. You will be emailed a link to receive your fitness studio passes on or before May 11, 2018.

By clicking the button below, you acknowledge that your participation in the study is voluntary, you are 18 years of age, and that you are aware that you may choose to terminate your participation in the study at any time and for any reason.